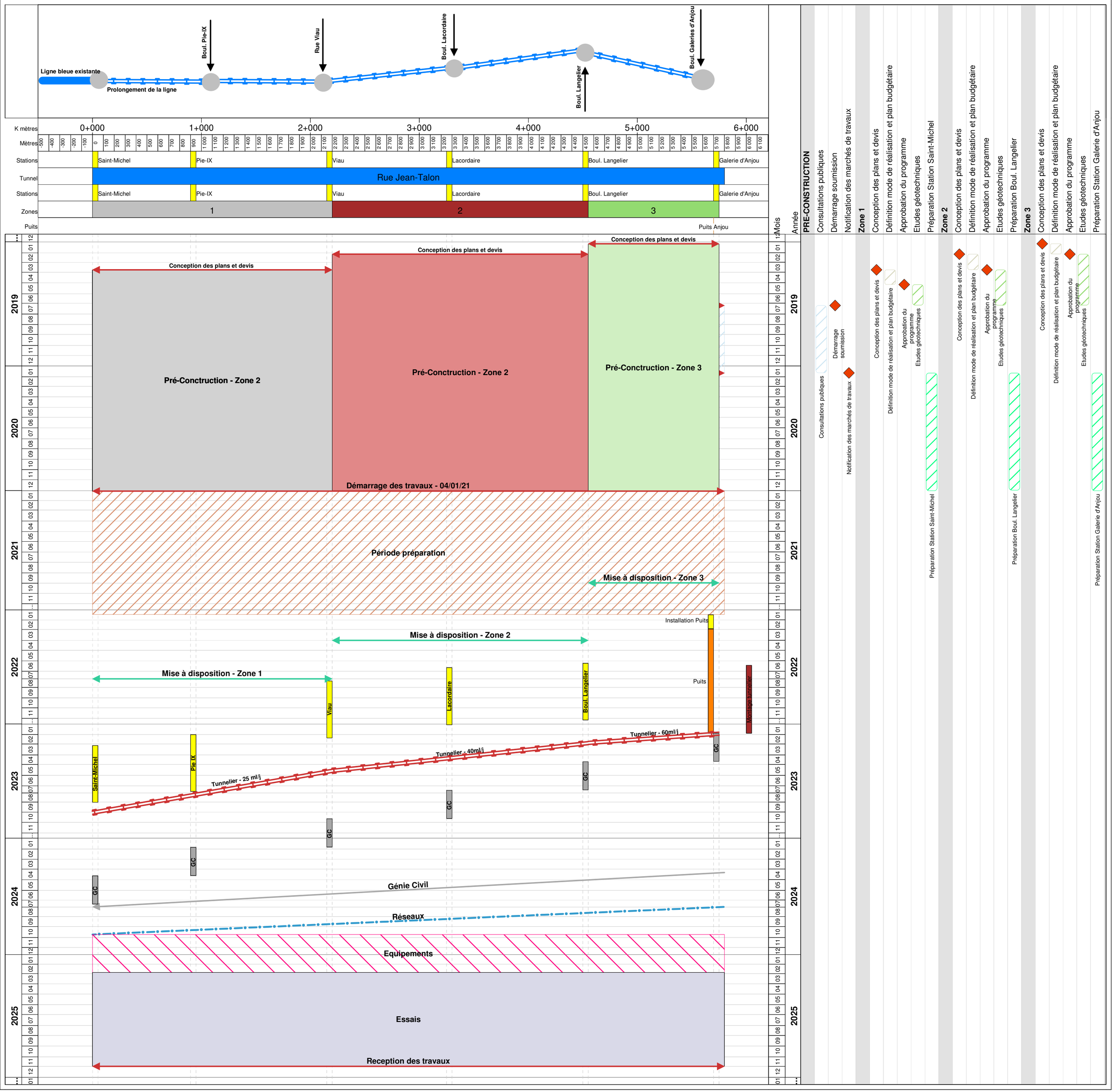Planning espace temps